



T Level in Health: Adult Nursing



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Subject Area	Health & Social Care
Course Type	School Leavers
Study Level	Level 3
Delivery Mode	Full-time
Duration	2 Academic Years
Start Date	September 2026
Course Code	PA000896

Course Summary

Ready to Make a Real Difference?

Become the future of healthcare.

Are you driven to help people?

Dreaming of becoming a nurse, midwife, or paramedic?

This isn't just a course — it's your *first step into a life-changing career*.

The Health T Level gives you the skills, confidence, and real-world experience to thrive in the fast-paced world of healthcare. From day one, you'll be learning what really matters — not just in a classroom, but side-by-side with NHS professionals in real clinical settings.

What You Will Learn

Skills you'll develop:

- Providing Comfort & Wellbeing – Learn how to assist with overall care to support a patient's comfort and wellbeing.
- Supporting Healthcare Professionals – Help registered healthcare professionals with clinical tasks and interventions.
- Performing Physiological Measurements – Carry out observations such as blood sugar levels, pulse rates, and breathing.
- Assisting Nursing Teams – Support an adult nursing team with daily tasks and patient care.
- Meeting Daily Living Needs – Help individuals with their essential daily activities.
- Skin Care & Treatment – Assist with skin integrity assessments and the treatment of skin conditions.

Modules

Core modules:

- The healthcare sector
- Health, safety and environmental regulations in the healthcare sector
- Managing information and data in the healthcare sector
- Good scientific and clinical practice
- Providing person centred care
- Health and wellbeing
- Safeguarding
- Core science concepts
- Further science concepts in health
- Core components are:
- Demonstrate person centred care skills
- Communication
- Team working
- Reflective evaluation
- Researching
- Presenting
- Assist the adult nursing team with clinical tasks
- Support individuals to meet activities of daily living and to live as well as possible
- Assist the adult nursing team with skin integrity assessments and with the care and treatment of skin conditions
- Assist with maintaining safe working practices and a safe environment
- Assist with an individual's overall care and needs to ensure comfort and wellbeing
- Assist registered health professionals with a range of routine tasks

Entry Requirements

5 GCSEs including Maths, English Language, and Science (or Level 2 Applied Science) at grade 4 or above.

Work Experience

Your future in healthcare starts here!

T Level students on this course must complete a 45-day industry placement, where you'll dive into the world of work and gain the skills employers are looking for. You will:

- Get hands-on and work on real projects.
- Boost your confidence and learn how to plan tasks, meet deadlines, and make smart decisions.
- Collaborate with professionals and see how great ideas come to life when people work together.
- Understand how to maintain a safe and productive work environment.
- Be part of a workplace that values diversity and promotes equality.
- With this industry placement, you'll have hands-on experience to showcase on your CV, demonstrating your industry skills to employers.

Progression

After completing this T Level, you'll be ready to pursue:

- Higher Apprenticeships in Adult Nursing, Healthcare Assistant and Paramedic Science.
- University Degrees in Nursing (Adult), Healthcare Management and Midwifery.
- Career pathways/ further study such as Registered Nurse, Health Practitioner and Clinical Support Worker.

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