

## Blended Contact lens Diploma



Subject Area	Ophthalmics
Course Type	Higher Education
Study Level	Level 6
Delivery Mode	Part-time
Duration	18 Months
Start Date	September 2026
Course Code	PA000863

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### Course Summary

This course is aimed at General Optical Council Registered, qualified Association of British Dispensing Opticians, who hold full ABDO membership. The course will fully prepare you to take the ABDO Contact Lens Anatomy, Contact Lens Visual Optics and Contact Lens Practice theoretical examinations, as well as the ABDO Contact Lens Practical Examinations.

The course is approved by the GOC and ABDO.

### What You Will Learn

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You will be required to join a weekly 1-hour online seminar. You will be required to complete weekly tasks for each of the following units

# Modules

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## Anatomical Principles of Contact lens Wear (Unit 1)

Blended students will understand and evaluate the anatomy, physiology and pathology associated with the following structures:

The Cornea. The Sclera. The limbus. The Conjunctiva. The Eyelids. The Lacrimal system. Tears film. The Uvea. The Retina. Students will be supported to achieve learning outcomes in the identification of signs, symptoms, aetiology and management options of the anterior eye, eyelid, uvea and posterior eye. This will include ocular emergencies and understanding the basic principles of minor eyecare services that may be specific to regional localities

## Optical Principles of Contact lenses (Unit 2)

**Contact Lens Visual Optics** – This module is designed to develop your knowledge of optics in relation to vision. While often mathematical in nature, it covers a range of topics including Instrumentation such as the Keratometry, Refractive Techniques, Optics of the Eye, Optics of Contact Lenses and Methods of Manufacture.

## Clinical Principles of Contact Lens Wear (Unit 3)

This blended module develops your knowledge of contact lens practice and links the practical work that you will be doing with the theoretical perspectives. This module covers topics such as Instrumentation (e.g., The Slit lamp), Clinical Procedures (e.g., Aftercare), Contact Lens Induced Complications, The Design/Materials/Manufacture of Contact Lenses, The Clinical Application of Contact Lenses, Contact Lens Solutions and Drugs as well as Clinical Governance.

# Progression

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Many career opportunities become available as a Contact Lens Optician including:

- Specialising in complex cases within a hospital setting
- Professional services manager roles
- Progression with Education
- On successful completion of the course, you will be able to progress to:
- The role of a contact lens optician in a private practice, in the NHS or in a large organisation
- A management position in an organisation
- Employment with a Contact Lens Manufacturer
- Further training in the MECS (Minor Eye Care Services) allows Qualified GOC registered CLOs to engage in Enhanced services (subject to those services being commissioned in your local area)
- Further specialised training exists in the management of dry eye and myopia control

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