

## Skills for Life



Subject Area	Preparing for Learning & Work – Foundation Learning
Course Type	Entry Level
Study Level	Entry Level 3
Delivery Mode	Full-time
Duration	35 Weeks
Start Date	September 2025
Course Code	PA000776

View on [bradfordcollege.ac.uk](https://bradfordcollege.ac.uk)



## Course Summary

Our courses within Skills for Life offer school leavers, aged 16-25 with Education Health Care plans, the next step in their learning experience, based within a discreet provision in the College environment. If you have learning difficulties and/or disabilities and want to become more confident and independent in life, our study programmes have been mapped to the Preparing for Adulthood outcomes and aims to develop and support young people in developing essential skills for life and work.

The Entry 1 Skills for Life course is for students who want to improve their independent living skills. Students are taught in the practical environment of the independent living flat and skills kitchen as well as in the community. The focus is on developing skills such as basic cooking, cleaning and personal development for independent living.

This course is for learners who are ready to gain work skills through working in our skills kitchen and getting involved in community projects. On all our pathways, learning takes place in the classroom, in our independent living flat and in the community. An ability to take part in community activities and use public transport, with support, is an essential

part of the programme. Transition and progression are developed through a comprehensive transition tasters programme with Purple Patch Arts.

## What You Will Learn

---

- Independent living skills such as basic cooking, cleaning, and self-care
- Personal development for increased confidence and independence
- Communication and social skills
- Workplace and employability skills
- Community engagement and public transport use
- Transition and progression planning for adulthood
- Enrichment through fun activities like trips and residential experiences

## Modules

---

The course is based on a Programme of Study, which has been mapped to the Preparing for Adulthood outcomes of employment, health and wellbeing, community, friendships and relationship and independent living. Communication skills and Numeracy, as well as tutorials and experience of work in our skills kitchen also form part of the curriculum.

## Entry Requirements

---

- To be able to work towards Entry level 1 or 2 in number and communication skills
- Be able to participate in community-based group activities
- To be able to work in class sizes of approximately 10 students with shared learning support.
- Please note if you have an EHCP, the college must have a consultation to assess if we are able to meet your needs.

## Progression

---

Other Foundation Learning courses, community provision.

**Disclaimer:** Our prospectus, college documents and website are simply here to offer a guide. We accept no liability for any inaccurate statements and are not responsible for any negative outcomes if you rely on an inaccurate statement. We reserve the right to withdraw any programmes or service at any time.