



# Skills for Independence Entry 1



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Subject Area	Preparing for Learning & Work – Foundation Learning
Course Type	Entry Level
Study Level	Entry Level 3
Delivery Mode	Full-time
Duration	1 Academic Year
Start Date	September 2026
Course Code	PA000776

## Course Summary

Our courses within Skills for Life offer school leavers, aged 16-25 with Education Health Care plans, the next step in their learning experience, based within a discreet provision in the College environment. If you have learning difficulties and/or disabilities and want to become more confident and independent in life, our study programmes have been mapped to the Preparing for Adulthood outcomes and aims to develop and support young people in developing essential skills for life and work.

The Entry 1 Skills for Life course is for students who want to improve their independent living skills. Students are taught in the practical environment of the independent living flat and skills kitchen as well as in the community. The focus is on developing skills such as basic cooking, cleaning and personal development for independent living.

This course is for learners who are ready to gain work skills through working in our skills kitchen and getting involved in community projects. On all our pathways, learning takes place in the classroom, in our independent living flat and in the community. An ability to take part in community activities and use public transport, with support, is an essential

part of the programme. Transition and progression are developed through a comprehensive transition tasters programme with Purple Patch Arts.

## What You Will Learn

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- Personal and Social Skills
- Life skills and experience of work in our Skills Cafe
- Life Skills in our Skills Flat
- Community-based learning
- A carousel of enrichment (art, drama, design, sports, horticulture)
- Maths
- English
- Enterprise and Social Action

## Modules

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The course is based on a Programme of Study, which has been mapped to the Preparing for Adulthood outcomes of employment, health and wellbeing, community, friendships and relationship and independent living. Communication skills and Numeracy, as well as tutorials and experience of work in our skills kitchen also form part of the curriculum.

## Entry Requirements

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- No formal qualifications are required.
- Must be working at Entry Level 1 in all core areas.
- Must be able to take part in community-based learning.
- Suitability will be determined in collaboration with the professionals at your current education provider and through assessment during your application/interview process.

## Progression

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Other Foundation Learning courses, community provision.

**Disclaimer:** Our prospectus, college documents and website are simply here to offer a guide. We accept no liability for any inaccurate statements and are not responsible for any negative outcomes if you rely on an inaccurate statement.

We reserve the right to withdraw any programmes or service at any time.