# **Bradford** College

Working together to transform lives

## **Enquiries**

**Email:** hello@bradfordcollege.ac.uk **Telephone:** 01274 088 088

# Foundation T Level: Health



Subject Area	Health & Social Care
Course Type	School Leavers
Study Level	Level 2
Delivery Mode	Full-time
Duration	1 Academic Year
Start Date	September 2026
Course Code	PA000063



# **Course Summary**

## Start your healthcare journey with Bradford College!

The Foundation T Level in Health is your first step towards a career in health and social care. This course combines classroom learning with real-world experience. You'll study adult mental health and how to develop your understanding when working with adults with mental health needs.

# Why choose a Foundation T Level?

- Gain Practical Healthcare Skills Learn key skills like patient care, infection control, and effective communication all essential for working in health and social care.
- Develop Health and Science Knowledge Understand the science behind health, from anatomy and physiology to medical conditions and treatments.
- Access to T Level Health Facilities Practice in our outstanding mock clinical ward, equipped with industry-standard medical equipment.

#### This course is ideal for you if:

- You're interested in working in adult mental health and / or social care.
- You want to combine classroom learning with real mental health related work experience.
- You aim to progress into a social care or mental health care career or further study in these fields.

With a growing demand for adult mental health professionals, this course to take the next step in your career. Apply now to start your journey in Health.

### What You Will Learn

#### Skills you'll develop:

- Effective Communication Learn to communicate clearly and compassionately with patients, peers, and healthcare professionals.
- Team Collaboration Build the ability to work well in diverse, multi-disciplinary teams in real healthcare settings.
- Empathy & Compassion Learn to develop a caring attitude and understanding that are essential for quality patient care.
- Critical Thinking Enhance your problem-solving skills to address challenges and make informed decisions.
- Professionalism Develop adaptability, responsibility, and a confident, professional manner the workplace.

# **Modules**

#### Core modules:

- Understanding the role of the mental health worker
- Mental health and mental health issues
- Understanding duty of care in adult health and social care
- Safeguarding in Health and Social Care

# **Entry Requirements**

Entry requirements are GCSEs at grade 4 in Maths and English Language.

English and/or Maths will be included in your timetable if you have not achieved a GCSE

at grade 4 or above in these subjects when you start your course.

# **Work Experience**

#### Gain practical experience in Healthcare!

Foundation T Level students for this course will complete 1 day a week of work experience where you'll dive into the world of work and gain the skills employers are looking for. You will:

- Get hands-on and work on real projects.
- Boost your confidence and learn how to plan tasks, meet deadlines, and make smart decisions.
- Collaborate with professionals and see how great ideas come to life when people work together.
- Understand how to maintain a safe and productive work environment.
- Be part of a workplace that values diversity and promotes equality.

With this industry placement, you'll have hands-on experience to showcase on your CV, demonstrating your industry skills to employers.

# **Progression**

#### After completing this Foundation T Level, you'll be ready to pursue:

- Progression to our T Level in Health: Adult Nursing
- Apprenticeships in Health & Social Care, Nursing and Pharmacy
- Further study in health or social care related fields

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