



# Access to Higher Education – Health & Social Care



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Subject Area	Health & Social Care
Course Type	Access to Higher Education
Study Level	Level 3
Delivery Mode	Full-time
Location	David Hockney Building
Duration	1 Year
Start Date	September 2026
Course Code	PA000345

## Course Summary

Interested in a career where you can make a real difference in people's lives? The Access to Higher Education Diploma in Health and Social Care is your stepping stone to university and a wide range of rewarding roles in the health and social care sector.

This one-year course is designed for adults aged 19 and over who are looking to progress into higher education and pursue careers in areas such as mental health, social work, community support, or healthcare services. It's an ideal option if you're considering nursing or social care, but prefer a pathway that places less emphasis on science and more on people, society, and real-world challenges.

You'll explore topics that reflect the broader context of today's care landscape – including the impact of knife crime, social inequality, and mental health on individuals and communities. The course includes an enhanced focus on

psychology to support your understanding of behaviour and wellbeing across different settings.

## What You Will Learn

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Throughout this course, you'll build the academic, digital, and professional skills needed to succeed at university and in a career within the health and social care sector. As well as gaining knowledge in areas such as sociology, psychology, and healthcare systems, you will also develop key transferable skills that are essential for higher education and the workplace. You will learn how to:

- Conduct independent research and analyse information critically
- Use Harvard referencing accurately in essays and assignments
- Apply critical thinking and evaluative skills to real-world health and social care issues
- Use word processing software effectively, including advanced features like footnotes and formatting for academic work
- Manage your time and workload, developing resilience and the ability to balance study with everyday responsibilities
- Navigate digital learning platforms and make full use of online resources, including the college's virtual learning environment and digital library
- Solve problems and propose practical solutions, preparing you for challenges in both academic and professional settings

## Modules

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- Crime
- Developing Skills for Studying
- Effective Communication in Health and Social Care
- Families, Households and Personal Relations
- Health and Social Care Provision
- ICT – Presentation Software
- Interpersonal Communication
- Introduction to Sociology: Culture and Identity
- Introduction to Psychology
- Memory
- Mental Health and Wellbeing
- Planning and Carrying Out Research in Sociology
- Principles of Safeguarding in Health and Social Care

- Preparing to Progress
- Sociological Theories and Their Application to Contemporary Society
- Treating Disorders

## Entry Requirements

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Entry to this course requires GCSE English Language and Maths at a grade 4 or C or equivalent.

You are at least 19 years old on 1st September.

It is your responsibility to check that your Mathematics and English Language qualifications are accepted for the Higher Education Institution course you wish to eventually apply for. When applying to join an Access to HE course, please state on the application form that you require the Social Care pathway.

Induction for this course will begin at the start of September.

## Progression

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This will also enable you to progress to university for further study or into a career within the healthcare sector. A high percentage of Access to HE students have been successful in progressing to the university of their choice.

**Disclaimer:** Our prospectus, college documents and website are simply here to offer a guide. We accept no liability for any inaccurate statements and are not responsible for any negative outcomes if you rely on an inaccurate statement. We reserve the right to withdraw any programmes or service at any time.