## Bradford College



## **About our Team**

The Safeguarding and Wellbeing Team is here to support you to achieve your full potential and help ensure your time here is enjoyable.

We are committed to making sure our learners are safe and protected from harm. This incudes supporting you with your mental health and wellbeing throughout your time at College.

## We can provide support with the following:

- •• Something or someone is making you feel really unhappy
- •• Somebody is making you do things that you don't want to do
- •• A situation you are in feels dangerous, risky or uncomfortable
- •• You are worried about a friend, classmate, brother, sister or other family member
- •• You have feelings of not being able to cope
- •• You have feelings of low mood or feeling anxious

## What we will do:

- •• Listen to you
- •• Believe you
- •• Keep you safe and out of danger
- Help you find the best way forward
- •• Explain to you if we need to involve anybody else

We have a non-judgemental approach and take all concerns seriously. We are here to support and provide you with expert guidance as and when you need us.

Remember, it is good to talk and share your concerns.

Safeguarding & Wellbeing Team 2nd Floor, David Hockney Building - 01274 088999

Student Services Office Trinity Green - 01274 088999



